

WEEK MENU



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MORNING TEA

*Cereal with Milk*

*Wholemeal Toast with Assorted Spreads & Milk*

*Granola Dust with Greek Yoghurt*

*Fruit Platter & Milk*

*Cereal with Milk*

LUNCH

*One Pot Zucchini Mushroom Pasta*

*Chicken Cosima*

*Pork Afritada with Pinapples and Rice*

*Real Beef Burritos and Rice*

*Sweet Potato Macaroni Cheese*

*Fruit*

*Greek Yoghurt*

*Fruit*

*Greek Yoghurt*

*Fruit*

AFTERNOON TEA

*Blueberry and Cinnamon Oaty Muffins & Fruit*

*Banana Icecream in Cones*

*Wholemeal Pizza and Fruit*

*Oaty Fruit Cookies and Fruit*

*Chocolate, Banana and Ginger Mousse & Fruit*